



**MOZAMBIQUE**  
initiative

## MOBILE HEALTH CLINICS



### WHAT IS A MOBILE HEALTH CLINIC?

A mobile health clinic brings healthcare to communities far from hospitals and clinics. Oftentimes, geographic distance makes these basic services inaccessible. The clinic is staffed by a combination of physicians, nurses, community health workers and other health professionals who provide a variety of health services. Both people and supplies are carried by several vehicles outfitted for rural Mozambique. Similar to the services provided by a brick-and-mortar hospital, mobile health clinics offer support in preventive and primary care by providing access to early diagnosis, treatment, and interventions of medical issues before complications arise.

### ON AVERAGE, IT'S MORE THAN 40 KM TO THE NEAREST HOSPITAL.

Through mobile clinics, Mozambicans in remote locations can access the same health services that exist in larger health facilities. Mobile clinics help reduce the overcrowding of referral hospitals and improve the quality of life of remote communities. Closing this geographic gap improves outcomes for pregnant women, children under five and those suffering from easily curable, yet potentially deadly, diseases.

### AROUND 10,000 PEOPLE UTILIZE MOBILE HEALTH CLINICS EACH YEAR.

The reach is far, and the impact is substantial: The Mozambique Initiative currently supports clinics in Maimele, Babeluane, Chiguruane, Malale, Macaringue de Rale, Meluge, and Mabumbuza that serve community members of all ages – from infants to elderly – within a 10-kilometer radius.

### 7 MI-SUPPORTED CLINICS SERVE A WIDE GEOGRAPHIC REGION.

The seven current mobile health clinics are, on average, 35 kilometers away from each other and serve within a 10-kilometer radius. Clinics work as subunits of a referral hospital. Together they work under church, district and conference coordination in partnership with the provincial health directorate and partnering institutions.

### WHAT KINDS OF SERVICES ARE PROVIDED?

Provided services include:

- Prenatal services
- Pediatric care
- Nutrition consultation and education
- Pharmacy services
- HIV/AIDS consultations, testing and case management
- Gender-based violence education and support services
- Psychological services
- Vaccinations
- Ophthalmological and dental services
- Tuberculosis testing

### HOW YOU CAN HELP

The current mobile clinic working team operating costs is \$2,000 USD. On average, a new mobile clinic vehicle, including the custom buildout needs, costs \$50,000-75,000 USD. One hundred percent of donations given through the Mozambique Initiative go to Mozambique.

Learn more about ways to support mobile health clinics, and other projects in Mozambique, at [www.mzinitiative.com](http://www.mzinitiative.com).